



Sporting 21 mile Time Trial & Medium Gear

Saturday 12th March 2022

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Course: BS 31R Time of Start: 14:01 hours H.Q. Risby Village Hall (open from 12:45)

Event Secretary: Mark Eastwood **Timekeeper:** N. Pettitt

> 22 Severn Road **Bury St Edmunds** Suffolk IP32 6NG Tel: 01284 705004

Mobile: 07915935861

Assistant Timekeeper: J.Steed

Course Details

Start in lane out of Risby village to Tuddenham opposite Risby sign. Proceed towards Tuddenham and at 1st road junction turn left (M) and head south to junction with old A45 where left (M) to Risby and left (M) through Risby village and thence straight on to junction with A1101 at Flempton where left (M) with GREAT CARE. Proceed north to Lackford where left (M) along Icknield Way to junction with lane to Risby/Tuddenham where left (M) and back to junction with old A45. Repeat circuit to Poor Mans Heath, where left (M) to Finish opposite start.

Prize:	Scratch	1st to 3rd	£25.00, £20.00, £15.00
	Vets on Standard	1st to 3rd	£25.00, £20.00, £15.00
	Lady	1st to 3rd	£25.00, £20.00, £15.00
	Team on Scratch	1^{st}	West Suffolk Wheelers & Tri Club Medals
	Medium Gear	1^{st}	£10.00
	Road Bike (Men)	1st to 2nd	£25.00, £15.00
	Road Bike (Lady)	1st to 2nd	£25.00, £15.00
	Lantern Rouge		£10.00

Vets Standards calculated as 21/25 of '25' Standard Times

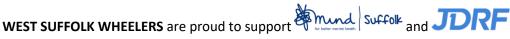
CTT East District Regulations:

U-TURNS will not be permitted on the course, or roads adjacent to Start and Finish areas while an event is in progress. **NOTE:** a **U-Turn** is defined as a 180 degree turn completed within the width of the carriageway whilst astride the machine. Any breaking of this Regulation, in the first case, may mean disqualification from the event; further cases will be referred to the District Committee.

NUMBERS will be available at the HQ and not at the start.

CLOTHING It is recommended that riders **do not** wear black or dark clothing during an event held on public roads.

WARMING UP: no riding along the course by competitors once an event has started.



CTT Regulations:

NO FRONT OR REAR LIGHT - NO RIDE

RIDERS NOTE! FOR THIS EVENT HARD SHELL HELMETS THAT MEET INTERNATIONALLY ACCEPTED SAFETY STANDARDS ARE STRONGLY RECCOMENDED

EVENT HQ: RISBY VILLAGE HALL WHICH WILL BE OPEN FROM APPROX 12:45PM

Last year a rider relieved himself up against the wall of the village hall. This was seen by a villager and has put the use of the hall in jepody. If we lose the hall, we lose the event.

Al -	Start				01	Vala Cud	
No	Time	Firstname	Lastname	Club	Gender	Vets Std	
1	14:01	Boyd	Nicholas	West Suffolk Wheelers	Male	57.46	MG
2	14:02	Carolyn	Wyke	CC Sudbury	Female	01:05.21	RB
3	14:03	Judy	Brown	Newmarket Cycling & Triathlon Club	Female	01:03.32	RB
4	14:04	Rita	Rue	West Suffolk Wheelers	Female	01:03.48	RB
5	14:05	Mike	Watson	Lowestoft Wheelers Cycling Club	Male	58.22	RB
6	14:06	Martin	Brown	West Suffolk Wheelers	Male		RB
7	14:07	Philip	Watkins	North Norfolk Whs	Male	58.35	RB
8	14:08	Chris	Cantwell	West Suffolk Wheelers	Male	59.18	RB
9	14:09	Harley	Gregory	West Suffolk Wheelers	Male		RB
10	14:10	Craig	Rogers	Cambridge University CC	Male		RB
11	14:11	Simon	Jennings	West Suffolk Wheelers	Male	59.03	
12	14:12	Laura	Brown	West Suffolk Wheelers	Female		
13	14:13	Megan	Free	West Suffolk Wheelers	Female		
14	14:14	Peter	Kennedy	West Suffolk Wheelers	Male	59.34	
15	14:15	John	Bradbury	CC Sudbury	Male	57.03	
16	14:16	David	Young	West Suffolk Wheelers	Male		
17	14:17	Patrick	Ellis	Diss & District CC	Male	57.13	
18	14:18	Steven	Rue	West Suffolk Wheelers	Male	01:01.30	
19	14:19	David	Fenn	CC Sudbury	Male	01:02.19	
20	14:20	David	Halliday	Team Bottrill	Male		
21	14:21	Richard	Farrow	West Suffolk Wheelers	Male	56.24	
22	14:22	Peter	Tibbitts	Ford CC	Male	01:01.54	
23	14:23	Adam	Baker	West Suffolk Wheelers	Male	56.33	
24	14:24	Marion	Denby	Newmarket Cycling & Triathlon Club	Female		
25	14:25	Joris	Witstok	Cambridge University CC	Male		
26	14:26	Paul	Moss	Stowmarket & District CC	Male	57.34	
27	14:27	Pip	Moore	West Suffolk Wheelers	Male	57.03	
28	14:28	Paul	Rooke	West Suffolk Wheelers	Male	55.34	
29	14:29	Amy	Sole	Full Moo Cycling	Female	01:00.54	
30	14:30	Jordan	Black	West Suffolk Wheelers	Male		
31	14:31	Nicholas	Webber	CC Sudbury	Male	59.18	
32	14:32	Chris	Nudds	CC Breckland	Male	01:03.15	
33	14:33	James	Wood	West Suffolk Wheelers	Male	58.22	

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	34	14:34	Daniel	Upton	CC Sudbury	Male	56.04	
	35	14:35	Julian	Bosley	Stowmarket & District CC	Male	57.03	
	36	14:36	Jack	Shuttleworth	Cambridge University CC	Male		
	37	14:37	Simon	Daw	CC Sudbury	Male	58.09	
	38	14:38	Andy	Kennedy	Ipswich BC	Male	58.09	
	39	14:39	Martin	Smith	Newmarket Cycling & Triathlon Club	Male	55.54	
	40	14:41	Robert	Golding	Ely & District CC/B&T Motor Repairs	Male	56.33	
	41	14:41	Alex	Purcell	CC Sudbury	Male		